

Practice Challenge Cards

Have your child draw a card every day, and watch their motivation flourish! Some cards won't work all the time - feel free to skip one if you can't do it that day.



Play your polishing piece in four different rooms.

Every time you play a tricky spot correctly, your practice parent has to put a grape in his/her mouth (can also be berries, nuts, M&Ms, etc.).

Balance a stuffy on your head while you play a review piece.

Play a mini-recital for your family, friends, pets, or stuffies.

Start in the kitchen. Choose a tricky spot. Every time you play it right, take one step until you're back in your practice room.

Play three pieces with your eyes closed.

**Practice outside
today.**

**March to the beat
while you play a
review song.**

**Play your polishing
song extra fast.**

**Play your new song as
slow as you can.**

**Choose any song and
play it lying on your
back.**

**Every time you play a tricky
spot correctly, your practice
parent has to balance one
more book on his/her hand.**

**Spin around every time you
play the open E string in your
polishing piece (A string for
violas and cellos).**

**Play a review piece with
your bow turned around
(hold the tip, not the frog).**

**Play your polishing
song starting one
string lower.**

**Play your new song
standing on one foot.**

**Play a review song as
quietly as you can.**

**Play your new song
staccato the whole
time.**

**Imagine your new song
is a story. Draw a picture
of what is happening.**

**Play a review song
with the tiniest bows
possible.**

**Play a review song
legato the whole
time.**

**Play your new song as
loudly as you can.**

Think of your favorite book/movie/TV character. Play your new piece the way that character would play it.

Play your polishing piece in four different rooms.

Jump once every time you play the open A string.

Leave out all your first finger notes.

Play your polishing song with the biggest bows you can.

Leave out all your open string notes.

How many times can you play your polishing piece in 5 minutes?

Leave out all your second finger notes.