

Recital Prep Checklist

Prepare for the big day with these actionable steps.



Logistics

- Where do I sit before and after I play?**
Knowing the choreography will put your child at ease.
- How do I know when to go onstage?**
Ask your teacher exactly what cue to wait for.
- Where should I stand onstage?**
In the very middle? Close to the piano?
- When should I bow?**
Before and after playing, or just after? Different teachers have different preferences.
- What am I going to wear?**
Something polished but comfortable. No too-tight shoes or distracting hair clips.

Practice Performing

- Practice in your outfit**
Different clothes = different feeling
- Set up practice recitals for friends and family**
The more we practice being nervous, the less weird it feels.
- Try jumping jacks for nerves**
50 jumping jacks right before you play makes performing feel like a breeze.

Talk About It

- What happens if I mess up?**
Most likely, no one will even notice. Like Nemo, just keep swimming...starting over just makes it more obvious.
- What are other people thinking?**
Your friends and family are rooting for you! They pay much more attention to your successes than your mistakes.
- What should I focus on?**
Pick ONE thing to think about, not ten.